

Consultant Preferences

Consultant: Mr C Dawson

Procedure Optical Urethrotomy (for urethral stricture)

	Pre-op	Post-op
Bloods	FBC / U+E as clinically indicated	None required
X rays	None	None
Investigations	None	None
Diet	N/A	N/A
Nil by Mouth	Food up to 6 hours preop/ fluids up to 4 hours pre op	N/A
Medication	As charted	As charted
Physiotherapy	N/A	
Shave	None	N/A
Skin preparation	None	N/A
Anticoagulation	See guidelines on VTE prophylaxis	See guidelines on VTE prophylaxis
Bowel Prep		N/A
Equipment	N/A	None
Wound Care / Drains	N/A	None
Dressings	N/A	None
Removal of Sutures	N/A	None
Mobility	N/A	Normal
Discharge Information	N/A	Will usually go home with indwelling urethral catheter and valve. Consultant will make arrangements for Trial without catheter +/- learning Clean intermittent self catheterisation
Other	None	None